INTUITIVE INTELLIGENCE PROGRAMME

PART ONE

SRINIVAS ARKA

Make your life journey Exciting, Educational, Entertaining and Enlightening.

IIP
INTUITIVE INTELLIGENCE PROGRAMME

PART ONE
SRINIVAS ARKA

Intuition awakens when
Intelligence is exhausted

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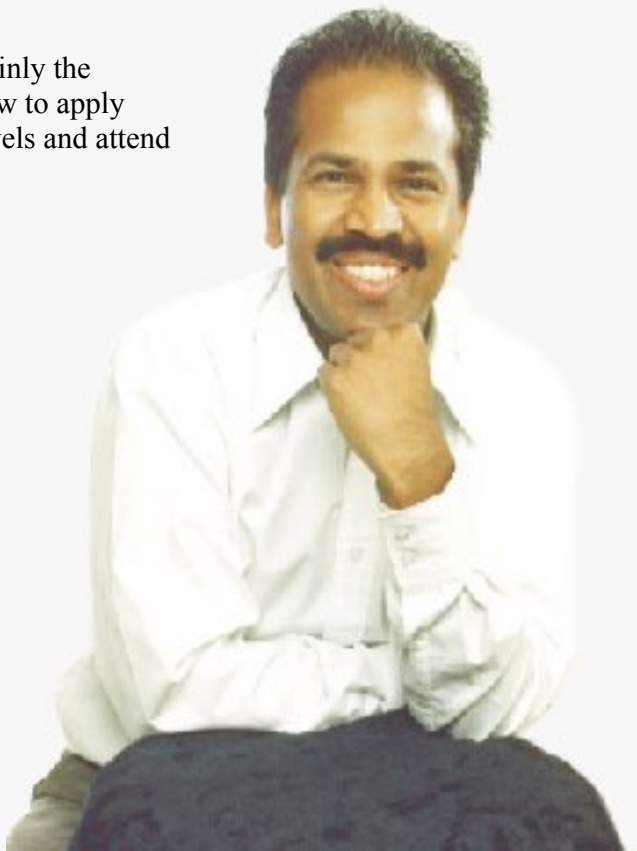
INTRODUCTION

The Intuitive Intelligence Programme (IIP) has been designed and developed by Srinivas Arka, a philosopher and developer of human potential programmes.

In its entirety, the programme is like an umbrella that covers the main facets of life. The core modules assist in living a life with raised awareness and quality. This training programme can enhance our power to transform our lives for the better. It is an adventurous voyage to discover who we really are and what we can achieve.

Life is made up of many interconnected and interdependent ingredients and, although very intricate, it is not too complex for us to separate the components. These components are like our toes, fingers and senses which, although separate from one another, are not entirely independent. They all need to be supported "wholistically" within our body, our psyche and our being.

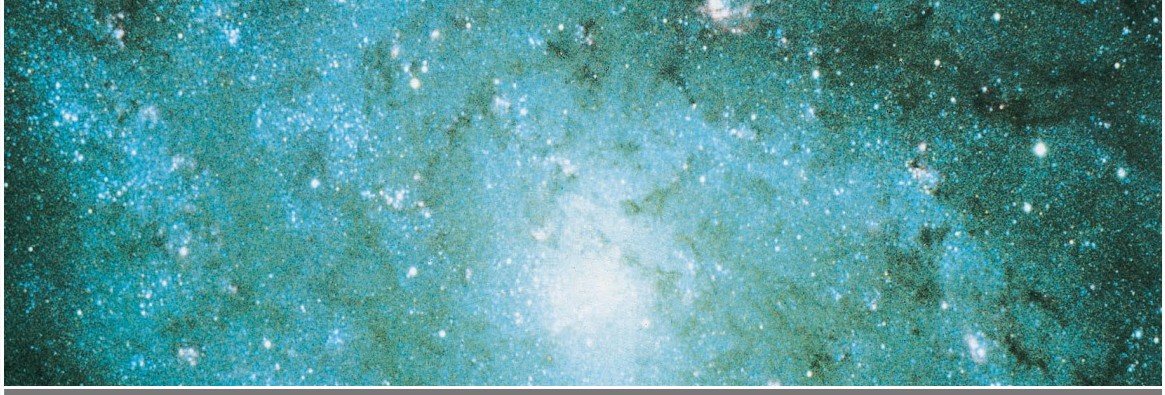
At this preliminary stage, the focus will be on exploring mainly the theoretical basis of all aspects of living. To fully explore how to apply theory to practise, one should progress through the three levels and attend practical training programmes.



Right: *Author of IIP, Srinivas Arka*

WHAT IS THE PURPOSE OF THIS PROGRAMME?

- To explore and understand the different facets of life.
- To enhance the overall quality of your life.
- To raise awareness of the importance of your presence in the world.
- To show how capable you are and what you can achieve.



“Our future depends mainly on the way we think at present. To change our lives, we must change the way we think now.”

On a grander scale, we are all interconnected. We need to directly or indirectly support, help and inspire each other. Everything around us has perfect meaning, position, a role to play in our lives and in the life of the universe. The desire for a better change in life is often expressed by almost every individual. However, fleeting thoughts of change will not manifest transformation.

If you truly yearn to bring about change then you should make a meaningful difference to yourself first from within. To achieve this you have to involve your emotional heart and contemplate deeply the purpose and the reasons underlying your intended change. Then your thoughts become magnetically charged. Such thoughts are like heat waves, which come off your body and become absorbed into the atmosphere. They gather momentum and return to you in time in their own way, like the effect of sound in the valleys, which return to the source.

Nature is inexhaustible with abundance in welcoming and offering us anything we require for our well-being and the progress of humanity. However, we should deeply mean what we ask for, and express our wishes thoughtfully, emotionally and intuitively to the universe, sometimes even repetitively like a mantra. Only then, will they manifest.

We achieve our day to day goals mainly because of our past thoughts created either last week, last month, a year ago or more. We have brought about changes so far by repetitively creating the same thoughts at different times. We are largely the result of our own past. In order to see even more positive and definitive changes in any sphere of our lives, we must get more involved, deeply and consciously, with our own thoughts, feelings and visions. Consequently, we will be prompted to act and experience the realisation of our aims and goals.

CONTENT

This training programme is available in three stages:

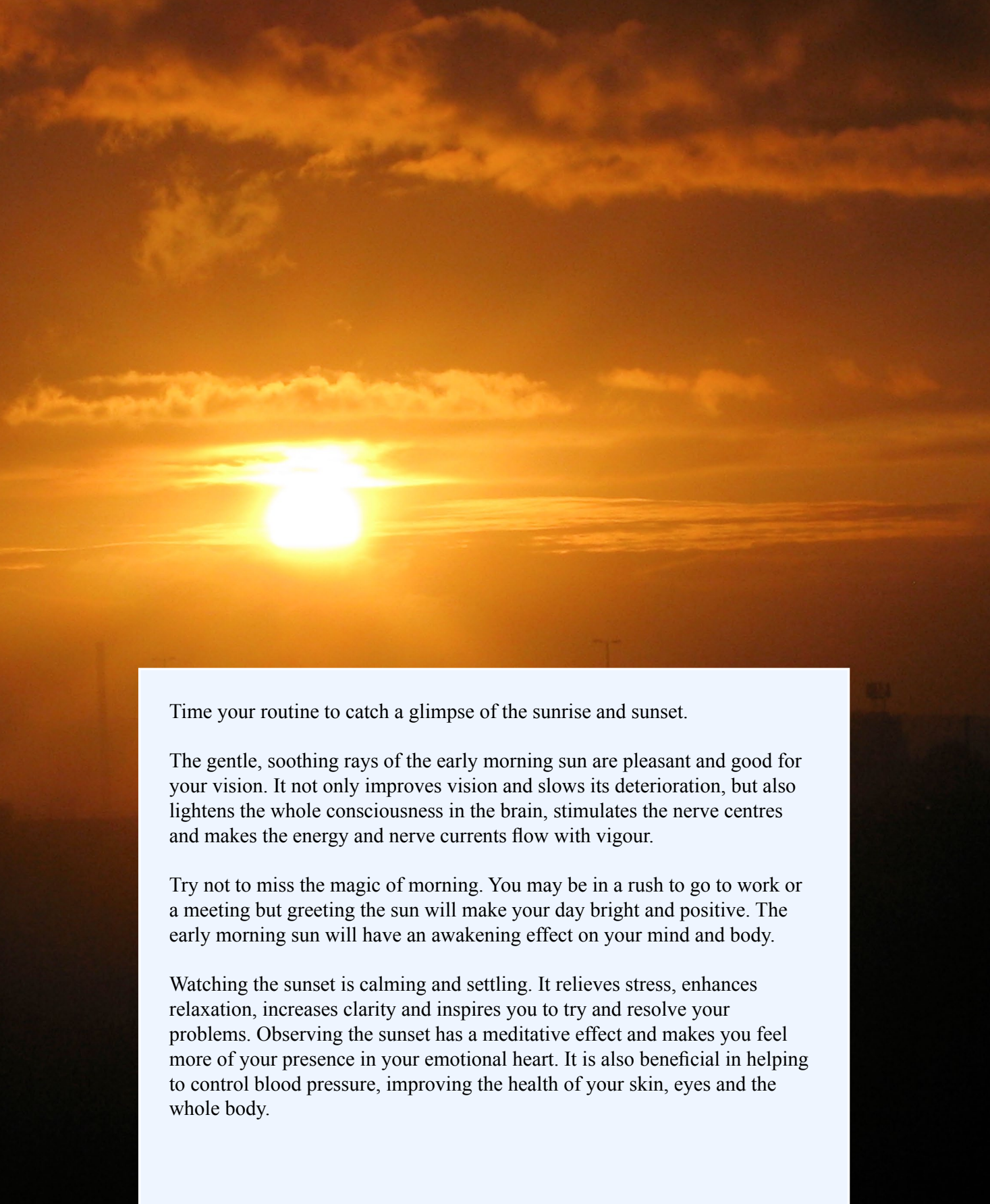
Part One	Part Two	Part Three

The preliminary package has been separated into five core modules:

Health	Self Awareness	Communication	Love & Relationships	Wealth

1. HEALTH

Just like there are layers of earth, layers of atmosphere, there are also layers of health. To enjoy good health, all these layers must be studied and attended to.



Time your routine to catch a glimpse of the sunrise and sunset.

The gentle, soothing rays of the early morning sun are pleasant and good for your vision. It not only improves vision and slows its deterioration, but also lightens the whole consciousness in the brain, stimulates the nerve centres and makes the energy and nerve currents flow with vigour.

Try not to miss the magic of morning. You may be in a rush to go to work or a meeting but greeting the sun will make your day bright and positive. The early morning sun will have an awakening effect on your mind and body.

Watching the sunset is calming and settling. It relieves stress, enhances relaxation, increases clarity and inspires you to try and resolve your problems. Observing the sunset has a meditative effect and makes you feel more of your presence in your emotional heart. It is also beneficial in helping to control blood pressure, improving the health of your skin, eyes and the whole body.

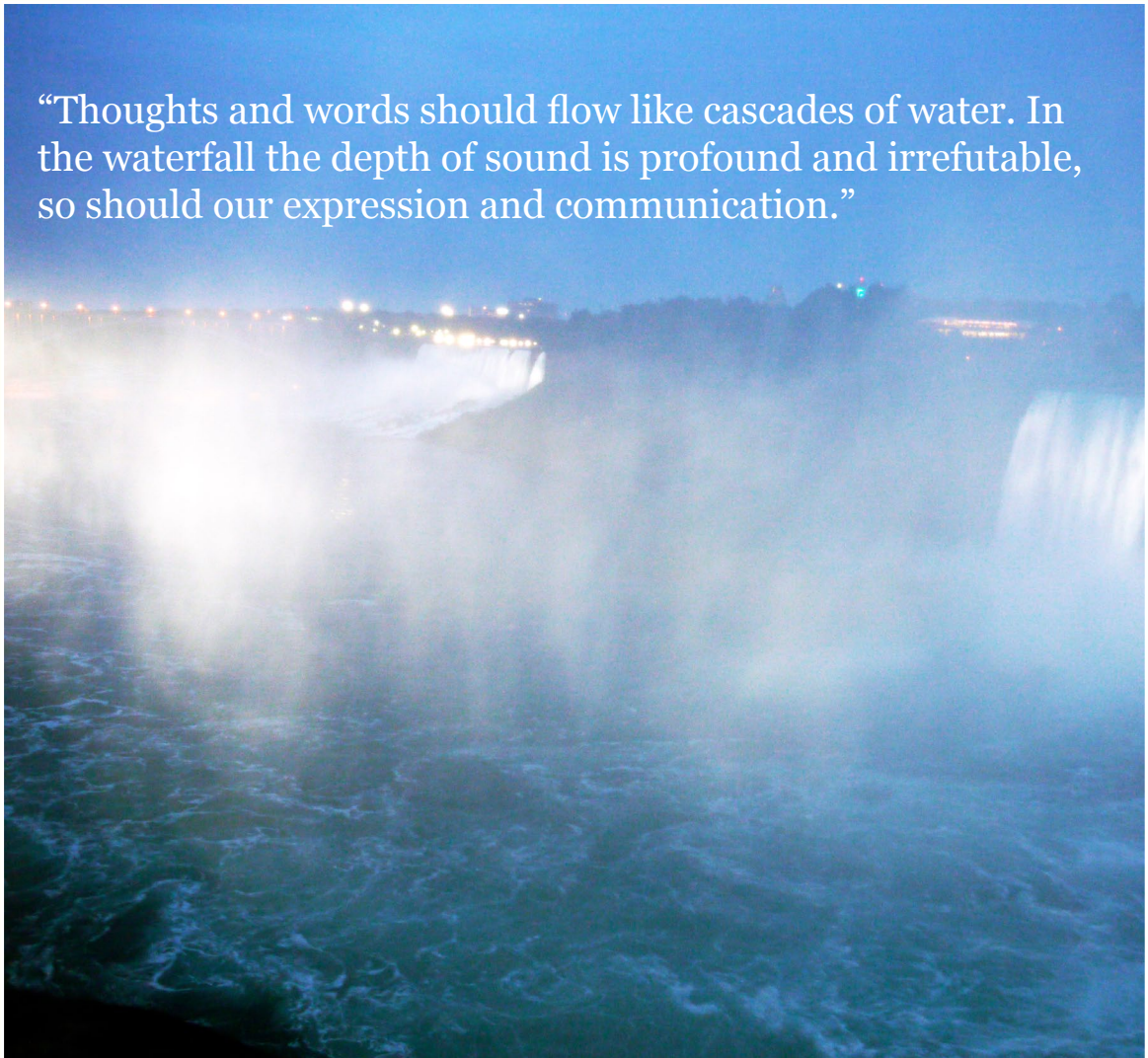
SELF-AWARENESS

“We are more than we think, believe and can imagine.

We come to know this fact when we realise it and experience it.”

3. COMMUNICATION

A good communicator makes the other person feel comfortable to express thoughts freely without inhibition.
A person advanced in the art of good communication should be able to make the other person feel as if they are holding a conversation with their own family member.

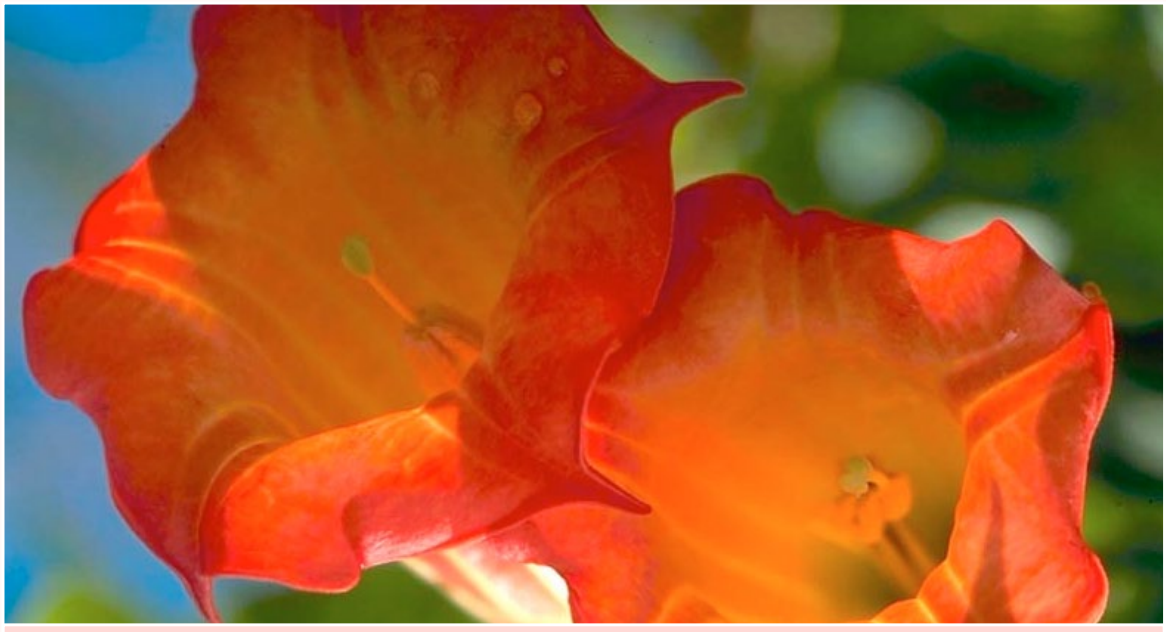


4. LOVE AND RELATIONSHIPS

Love is a force of unity. All species, including humans, can be garlanded with a single thread of love. It is the only conscious force that can unite all humanity.

Love brings an expansion of consciousness. It is the only incontrovertible experience in the world. It makes any discomfort bearable. However rigid or disciplined your attitude may be, love makes you warm, flexible and obliging. This is the magic of love.

Just as iron melts in fire and eventually becomes liquid and flows, a negative person mellows when love manifests. Love is the most positive moving experience that one could ever have in life.



"Love is a connective force, an attractive, mystical force; the only force that can unite the world."

“People who simply pursue their cause and vision with service as their prime goal will become highly successful.

Wealth will follow them incidentally, they are not affected by it and they know how to use it in the direction others would benefit. Such people are stars of inspiration to the world.”

5. WEALTH

Wealth is not just acquiring properties, jewellery, finance and fame. Wealth has many petals with different colours and fragrances. These include health, happiness, good friends, family, relatives, knowledge, skills, talent, creativity, being content and more. It is a circulation of thought-energy that enriches comfort and confidence. If we have not realised and experienced our true wealth lying within us first then outside wealth will have little value.

5.1 THE PURPOSE OF BUSINESS, WORK OR CAREER

Business involves keeping yourself meaningfully busy, productive and useful to others. At the end of the day it is a service you offer to the community. Business is an avenue where you can implement the philosophies and ideas that you believe in. It should not be the chase of the mundane. If there is no joy in doing business, then it is not worth pursuing that venture. If this is the case, you should start looking for a change. It may take some time and effort, but at least from now you can start steering your career or business in a new direction.

Business is one of many aspects of life that cannot be totally segregated from our personal, emotional and spiritual lives. Business should actually be part and parcel of our existence. Excellence in business is not only measured by the quality of the product that is being offered but also the quality of communication and the service. Such an approach results in a business that will make a difference in the world of commerce.

INTUITIVE INTELLIGENCE PROGRAMME

"Intuition is the mother of Intelligence."

Intuitive Intelligence Programme is a unique and powerful course developed by Srinivas Arka to bring depth, abundance and excellence in all the major aspects of one's life. It can have a profound and life-enhancing effect on the learner.

There are no rigid instructions, but instead, helpful guidelines. In the absence of authoritative manuals on how to manage main aspect of life, Srinivas Arka shows us how to be practical without compromising our creative nature, thus feeling fulfilled and joyous.

Intuitive-Intelligence is at the core of Srinivas Arka's philosophy; bringing a balance between the intelligent mind and intuitive heart.

This being the part one of three, pilots the other two, taking us to the heights of the most exciting and enlightening of training programmes

"It is an adventurous journey through the intuitive heart that leads to discovering who we really are and what we can achieve."

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